



Make your own decorations!

Follow the link for full instructions

but the idea is simple, lolly sticks (or even another longer twig), twigs and use your imagination on how to decorate them. Some wool to make a loop to hang wherever you fancy. Can make these as big or as small as you want.



<https://www.easypeasyandfun.com/popsicle-stick-and-twigs-christmas-tree-ornaments/>

Dyspraxia Foundation Youth Top Tips for over the Christmas Period

Really great infographic to share with you today from Action Mental Health Action Mental Health Northern Ireland (amh.org.uk) (N. Ireland)

