



CHRISTMAS CROSSWORD PUZZLE

USE THE CLUES TO COMPLETE THE CROSSWORD PUZZLE.



Across

1. One of Santa's Reindeer
3. Santa's Helpers
5. December 25th is _____.
7. Christmas Drink
10. The name of a popular snowman.

Down

2. Christmas Month
4. He hates Christmas!
6. You hang them by the chimney.
8. On Christmas morning we unwrap our _____.
9. ___ to the world!

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**Dyspraxia
Foundation Youth
Top Tips over
Christmas
Talk to someone if
feeling over-
whelmed**

This is without doubt a manic time of year and believe us you will not be the only one to be feeling frazzled at this time of year. Perhaps this time of year is difficult due to a bereavement or you are on your own over Christmas?

Whatever the reason please talk it through either with family or friends or seek support from many dedicated organisations.

Need support?

<https://www.samaritans.org/>

<https://www.themix.org.uk/get-support>

<https://youngminds.org.uk/blog/what-to-do-if-you-find-christmas-difficult/>

