

# 5<sup>th</sup> December

## Make your own crackers!


### Materials Needed:

- A4 piece of patterned paper, wallpaper or plain paper to decorate
- Cardboard tubes (e.g. toilet roll or kitchen roll holders)
- Patterned tape or paints to decorate if using plain crackers
- Optional: Cracker snaps
- Ribbon or string to tie
- Craft knife/Sharp knife
- Scissors
- Glue
- Fillings – tissue paper hats, toys, games, jokes, sweets etc



### To make

1. Begin by decorating the outside of your cracker as you wish, then set aside until it's dry. If you're using patterned paper you can leave this step out.
2. Make sure your A4 piece of paper is positioned face down on a table and so that the longest sides are at the top and bottom. Position your cardboard tube in the centre of the paper, lengthwise, cutting to shape if necessary.
3. At each end of the tube, score your paper softly with a pair of scissors, making sure not to cut through the paper. Alternatively, cut small diamond shapes out. If you put in Christmas cracker template into search engine you can take a look or print one of to make it easier. This will make it easier to create your cracker ends.
4. Wrap your paper around the cardboard tube, overlapping the edges slightly and gluing in place to create one wide tube. The cardboard tube will give your cracker extra structure so it won't fall apart.



5. Carefully twist one side of your cracker around the ends of the cardboard tube, secure it with festive ribbon and feed your cracker snap through if using.

6. Gently add your cracker fillings, being careful not to overfill, and secure the other side of your cracker with a ribbon. Place on your table to welcome guests with your handmade Christmas crackers.

An idea might be to practice the first one with plain A4 piece of paper so you are sure of how to do it.

### **Dyspraxia Foundation Youth Top tips for over the Christmas period**

Use price trackers to help decide when to buy gifts. **Idealo** is a good one, all you have to do is enter the product you're interested in buying, this app shows you how the price has changed over time, but it'll also tell you where the cheapest place to buy it is. **Camelcamelcamel** does a similar thing, but it also will let you enter the Amazon URL of a product and see how its price has changed over time too.

#### **If you need help or support:**

Contact the charity MIND at:

Infoline: [0300 123 3393](tel:03001233393)

Email: [info@mind.org.uk](mailto:info@mind.org.uk)

Text: [86463](sms:86463)